

Mobilisation of the Neuroimmune System

Neuchâtel | Haute Ecole Arc | 9-10 November 2023 | Irene Wicki

Now in its 24th edition, this is still one of the world's most popular NOI courses

Mobilise – to prepare, to awaken and to move.

NOI's classic, longest running course, Mobilisation of the Nervous System, has evolved. Based on the latest evidence, the course has been completely updated and re-written.

The immune system via its interaction with the nervous system is a critical player in learning, memory, movement and sensitivity. This new understanding integrates peripheral and central processes and targets therapy towards healthy neuroimmune balance.

This comprehensive lecture and hands-on course integrates the latest research on neurodynamics and neuroimmune science to provide a clinical reasoning framework to identify those patients who will benefit from neuroimmune mobilisation.

The course updates and refines the essential practical skills to examine and manage the physical health of the nervous system – skilled, safe and appropriately timed handling techniques are covered in detail during practical sessions.

A comprehensive course on the diagnosis and management of physical dysfunction of the nervous system. With 50% practical work and the latest neurobiology, clinicians will be able to rapidly merge the material into all existing manual therapy frameworks.

COURSE AIMS

1. Provide a basic knowledge of neuroanatomy, neurodynamics, neuroimmunology and neuropathobiology related to the manual examination of the nervous system.
2. Teach safe and effective diagnostic skills in the examination and interpretation of physical dysfunction of the nervous system.
3. Present neurodynamic movements and techniques as antigenic.
4. Provide new therapeutic narrative for explaining symptoms in conditions with altered neurodynamics.
5. Deliver a deeper understanding of known, 'tough' clinical presentations such as chronic nerve root problems and persistent entrapment pathologies.

Irene Wicki -



Irene joined the NOI team in 2005. She teaches NOI courses in German speaking countries and Italy.

Irene works as a physiotherapist and clinical supervisor at a hospital in Lucerne/ CH.

Moreover, she teaches pain science in different programs at the ZHAW (Zurich University of Applied Sciences) and at the SUPSI (University of Applied Sciences of Southern Switzerland).

In 2011, Irene completed a Master's program and gained an MSc in Pain: Science and Society at King's College. As part of her master's thesis, she immersed herself in the topic of the contribution of the immune system to sensitisation processes. Another area of her interest is the impact of exercising on acute and chronic pain.

REGISTRATION

Course organiser: SSRM – Société Suisse de Rééducation de la Main. Fiona Gigon & Nicolas Bailly

COURSE LOCATION

Haute Ecole Arc Neuchâtel Berne Jura. Neuchâtel, Switzerland

TIMETABLE

Day 1: 08.30 Registration | 09.00 – 17.00 Lectures
Day 2: 09.00 – 17.00 Lectures

REFRESHMENTS

Breaks will be provided. Lunch is not included.

RESOURCES

The Sensitive Nervous System

Physical examination of the nervous system is carefully illustrated and explained. Management strategies are underpinned by cutting edge neurobiology and evidence-based medicine.

Neurodynamics Techniques Handbook & DVD -

The definitive manual of neurodynamic techniques for everyday use in the clinic.



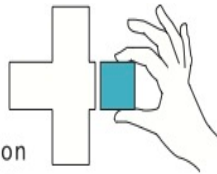
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INSTRUCTOR

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Schweizerische Gesellschaft für Handrehabilitation
Société Suisse de Rééducation de la Main
Società Svizzera per la Rieducazione della Mano



“Mobilisation of the Neuroimmune System”

Cours 4 – 2023

- Intervenant.e:** Irene WICKI, NOI Group, voir description ci-dessus
- Objectifs :** Voir ci-dessus
- Dates :** **JE 9 – VE 10 novembre 2023**
- Lieu :** Haute Ecole Arc Neuchâtel Berne Jura, Espace de l'Europe 11, 2000 Neuchâtel
- Destinataires :** Ergothérapeutes, physiothérapeutes et autres professionnels intéressés
- Participants. :** **max 24 personnes**
- Prix:** pauses et repas de midi non compris
- Membres SSRM : CHF 410.-
Non membres : CHF 450.-
- Remarque :** Cours et support de cours en anglais

Délai d'inscription : 1^{er} Septembre 2023